

ADULT YOGA



REDUCE STRESS – GET FIT – RELAX YOUR BODY

BEGINNING FEBRUARY 2, 2016

EVERY TUESDAY FROM 5:45 PM - 6:45 PM

IN THE MEMORIAL SCHOOL MULTI PURPOSE ROOM

**INSTRUCTOR KELLY BRIGGS WILL BE PROVIDING YOGA CLASSES TO
ANY MEMBER OF THE COMMUNITY 18 OR OLDER**

ONLY \$40.00 FOR 8 WEEKS OF PROFESSIONAL YOGA INSTRUCTION

PLEASE REMEMBER TO BRING YOUR OWN YOGA MAT

TO REGISTER PLEASE GO TO:

- 1) LITTLEFERRYNJ.ORG*
- 2) CLICK THE IMPORTANT LINKS DROPDOWN BOX ON THE LEFT*
- 3) IN THE DROPDOWN BOX CLICK [COMMUNITYPASS ONLINE RECREATION REGISTRATION](#).*

SPONSERED BY:



ANY QUESTIONS CONTACT

OFFICER MIKE HINCHCLIFFE OR OFFICER MIKE DERWIN

AT 201-641-2770